

# Magnifying Moments

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- ~ **See the good**...gluten free jelly snakes after a hard day.
- ~ **Feel the happy**...seeing a message from a friend.
- ~ **Brighten your mind**...bees keep the whole world alive.
- ~ **Find the moment**...snuggling with a puppy.

*See the good (small things to be grateful for)*

*Feel the happy (small things to be happy about)*

*Brighten your mind (small things to be fascinated by)*

*Find the moment (small things to plan to see/do/feel)*