Glimpse into Project Twenty Nine

 \sim March 19 2013- March 19 2014. \sim

A lot has changed in my life recently, with things happening that are not so easy to deal with. This week I had my 29th birthday, and as this is the last year of my twenties, I don't intend to be derailed!

I am always looking for new things to experience, learn, see, taste, make and do. Due to health restrictions, I currently look for gentle activities that keep the mind busy but the body resting.

To keep me motivated and entertained, I have decided to begin a project for the year. I intend to undertake 29 new challenges for my year of being 29, and document them here. I am looking forward to carrying out these projects and letting myself do something for me.

These are the challenges I am setting myself for the next year:

- 1. Set regular DSLR photo challenges and create an album
- 2. Watch three classic movies
- 3. Make a pebble welcome mat
- 4. Get back into playing the piano
- 5. Frame pictures of family and friends
- 6. Learn yoga
- 7. Learn the ins and outs of buying my first home
- 8. Write five poems
- 9. Read and review 10 books
- 10. Fabric paint a jumper
- 11. Create kids' animal cushions
- 12. Learn more sign language
- 13. Create framed quotations

14. Keep a book of my favourite recipes

The thought of 29 challenges does seem daunting, as some days it is an effort to get out of bed!! I will be happy if I get through the first 14 slightly less physical challenges and pass the half way mark; I will be really pleased with my health if I can go into the second half and do the more physical challenges!....

She's the kind of person who looks at a cloud and says to herself, "There's a inhor coming in just a little while."

- 15. Learn a new skill outside of my normal zone
- 16. Bake and decorate a themed cake
- 17. Sew a dress
- 18. Re-cover the cushions of the rocking chair
- 19. Paint plant pots
- 20. Give a hand made gift
- 21. Make Turkish delight
- 22. Make a potted herb garden
- 23. Travel somewhere new
- 24. Create a travel journal

- 25. Create printed t shirts
- 26. Make bags for Dad's outdoor equipment
- 27. Be able to complete a tai chi set
- 28. Do a creative writing course
- 29. Be healthy enough to resume being a regular gym junkie!

I will work through this list, not in any set order and post my progress as I go!

