Magnifying Moments

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~ **See the good**…gluten free jelly snakes after a hard day.
~ **Feel the happy**…seeing a message from a friend.
~ **Brighten your mind**…bees keep the whole world alive.
~ **Find the moment**…snuggling with a puppy.
See the good (small things to be grateful for)

Feel the happy (small things to be happy about)
Brighten your mind (small things to be fascinated by)
Find the moment (small things to plan to see/do/feel)