

# **Glimpse into Motivation Monday – week 51 – what do you want this Christmas?**



This week, in the days leading up to Christmas, take stock of all the amazing things in your life. I know, that sounds cheesy. This time of the year, however, is the best time to be cheesy! No matter what your health, family or financial situation, be aware of the things that make you happy, and if you can not find one thing that makes you happy, take this time to figure out what you are going to do to fight with all your power to get something which does make you happy! Material things do not matter; loving and being loved, doing what you makes you happy, and being a good person is what counts. Get out there and make it happen. Merry Christmas!!