

# The new lifestyle series

In the new feature spot on the blog, which is called 'Lifestyle", I want to bring to you my experiences with certain products, services and the like that can help make everyone's life a bit easier, or more exciting, or more luxurious! There will be a general underlying theme of these ideas being particularly helpful to those who live with chronic illness or disability, but will definitely be of interest to everybody as well. I will do reviews and make recommendations about things which I have liked, and perhaps things which I ended up not liking. These will be of a wide variety, from kitchen products, to beauty finds, to healthy cafes, and everything in between!

I hope that you will like this series, and I welcome any suggestions that you would like me to look into.

